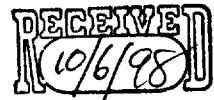


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR §101.93



This notification is being filed on behalf of Metabolife International, Inc. which is the distributor of a product which has a label or other labeling which bears one or more structure-function statements. Its business address is: 5070 Santa Fe Street, San Diego, CA 92109. This notification is being made pursuant to Section 6 of DSHEA and 21 C.F.R. §101.93(a). Unless otherwise indicated on this form, the product, not a particular dietary ingredient, is the subject of each statement.

The text of each structure-function statement for which notification is now being given is:

- (Statement 1): "increase in energy"
- (Statement 2): "curbing your appetite"
- (Statement 3): "feeling of being energized"
- (Statement 4): "curbing of your appetite"
- (Statement 5): "absence of hunger"
- (Statement 6): "eat less and have more energy"
- (Statement 7): "several herbs in Metabolife 356™ are diuretic by nature..."
- (Statement 8): "for energy"
- (Statement 9): "raises the metabolism"
- (Statement 10): "create a thermogenic response"
- (Statement 11): "helps you burn fat"
- (Statement 12): "immediately realize higher energy"
- (Statement 13): "energy enhancer"
- (Statement 14): "weight loss supplement"
- (Statement 15): "raises the body's metabolism"
- (Statement 16): "create what is called a thermogenic response"
- (Statement 17): "helps you burn fat"
- (Statement 18): "actually increase your energy level"
- (Statement 19): "its energy enhancing benefits"

(Statement 20): "enjoy higher energy"

(Statement 21): "energy not normally experienced while
dieting"

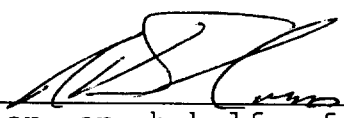
(Statement 22): "help you effectively burn stored fat through
thermogenesis"

(Statement 23): "provide energy"

The following chart identifies the label or other labeling
where that statement appears:

<u>Statement Number</u>	<u>Label or Labeling</u>
1.	In yellow leaflet entitled Metabolife 356
2.	In yellow leaflet entitled Metabolife 356
3.	In yellow leaflet entitled Metabolife 356
4.	In yellow leaflet entitled Metabolife 356
5.	In yellow leaflet entitled Metabolife 356
6.	In yellow leaflet entitled Metabolife 356
7.	In yellow leaflet entitled Metabolife 356
8.	In yellow leaflet entitled Metabolife 356
9.	In yellow leaflet entitled Metabolife 356
10.	In yellow leaflet entitled Metabolife 356
11.	In yellow leaflet entitled Metabolife 356
12.	In yellow leaflet entitled Metabolife 356
13.	In yellow leaflet entitled Metabolife 356
14.	In yellow leaflet entitled Metabolife 356
15.	In yellow leaflet entitled Metabolife 356
16.	In "Quality You Can Feel" brochure

17. In "Quality You Can Feel" brochure
18. In "Quality You Can Feel" brochure
19. In "Quality You Can Feel" brochure
20. In "Quality You Can Feel" brochure
21. In "Quality You Can Feel" brochure
22. In the "Metabolife 356 Usage Guidelines" two-page handout
23. In the "Metabolife 356 Usage Guidelines" two-page handout
24. In the "Metabolife 356 Usage Guidelines" two-page handout
25. On the label of Metabolife 356

I, , am authorized to certify this Notification on behalf of Metabolife International, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that Metabolife International, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 10/02, 1998

By: Randy V. Smith MD
[Name]
[Title] Medical Director